

Personal Learning Project Template

Learning Issue/Question to be answered: _____

Stimulus: (circle one or more of the following)

Patient Management	Accredited Group Learning Activity
Practice/problem based audit*	Reading/reviewing journals or text
Audio/video tapes	Computer/Internet search
Colleagues (discussion)	Non-accredited meeting/rounds
Self-Assessment Program	Research
Teaching Interaction	Other _____

Time (hours) = _____ credits A

Resources: (circle one or more of the following)

Accredited Group Learning Activity	Non-accredited meeting/rounds
Computer/Internet use	Journal articles or texts
Audio/video tapes	Self-assessment program
Research	Practice Audit*
Discussion with colleagues	Other _____

Time (hours) = _____ credits B

*Note that time spent in Practice Audit is 1 hour = 2 credits

Outcome: (circle one of the following)

I will change my practice	I will not change my practice
I need to seek more information	

References: (include 3 of the more useful resources, if you have 3)

- 1.
- 2.
- 3.

A + B = _____ Total credits

Keep this completed form in your CME portfolio and enter the total credits in Section 4.