

**MAINTENANCE OF CERTIFICATION  
MAINPORT  
ROYAL COLLEGE OF PHYSICIANS & SURGEONS OF CANADA**



**PERSONAL LEARNING PROJECTS**

**Describe the question or issue you pursued: \***

**Stimulus: \***

- Please Choose One -

**Resources used to learn: \***

- |  |  |
|--|--|
| <input type="checkbox"/> Audio/Video Tapes                 | <input type="checkbox"/> Systematic review / meta-analysis |
| <input type="checkbox"/> Group CME/on-line learning        | <input type="checkbox"/> Randomized trial                  |
| <input type="checkbox"/> Collegial discussion              | <input type="checkbox"/> Traineeship                       |
| <input type="checkbox"/> Videoconference/distance learning | <input type="checkbox"/> Clinical practice guideline       |
| <input type="checkbox"/> Self-Assessment Program           | <input type="checkbox"/> Non-randomized study              |
| <input type="checkbox"/> Teaching                          | <input type="checkbox"/> Health technology assessment      |
|  | <input type="checkbox"/> Other                             |

**Outcome stem: \***

I have confirmed  
I am planning to  
I am motivated to

**Outcome conclusion: \***

new concepts.  
new evidence.  
new skills.

**Outcome list: \***

**Outcome notes:**

**Key Reference(s):**

**Level of evidence:**

- Choices: Poor  
Accepted  
Good  
Convincing

**Please select the CanMEDS Roles relevant to this program:**

- |  |                                       |                                       |                                  |
|--|---------------------------------------|---------------------------------------|----------------------------------|
| <input type="checkbox"/> Medical Expert  | <input type="checkbox"/> Communicator | <input type="checkbox"/> Collaborator | <input type="checkbox"/> Manager |
| <input type="checkbox"/> Health Advocate | <input type="checkbox"/> Scholar      | <input type="checkbox"/> Professional |                                  |

**Total hours:** \*

**Date completed:** \*  

A red asterisk ( \* ) indicates the item must be completed to submit this activity to the MOC program.